



CHRIST THE SAVIOUR ORTHODOX CHURCH

Orthodox Church in America • Diocese of Eastern Pennsylvania
5501 Old Locust Lane, Harrisburg, PA 17109
WWW.CTSHBG.ORG • office “at” ctshbg.org

ARCHBISHOP MARK (*Maymon*)

V. Rev. Stephen Vernak, *Pastor*

Rt. Rev. Daniel Kovalak, *Attached*

Dn. John Shingara, *Attached*

Rdr. James Kushlan, *Choir Director*

Dr. David Pawlush, *Parish Council President*

John Dotsey, *Treasurer*

OUR ”WHY” - To experience and share Christ's love so that everyone we encounter finds healing, purpose, and eternal life.



And let us consider one another in order
to stir up love and good works. *Hebrews 10:24*



SUNDAY AUGUST 4, 2024

6TH SUNDAY AFTER PENTECOST — TONE 5. Holy Seven Youths (“Seven Sleepers”) of Ephesus: Maximilian, Jamblicus, Martinian, John, Dionysius, Exacustodian, and Antoninus. Martyr Eudoxia of Persia. Martyr Eleutherius of Constantinople.

Schedule: Hours – 9:10am; Divine Liturgy – 9:30am; Fellowship; Youth Group (Senator's Game) – 1pm; FOCUS Backpacks DUE!

3rd Hour: **Sophia K. w. Elizabeth** • 6th Hour: **Angie DiFlorio**

Epistle: **John Dotsey** • Post-Communion: **Rdr. Leo Leer**

WELCOME TO OUR VISITORS!

Interested in learning more?

Please complete a Visitor Card (*in the pews*)

Scan the QR Code to visit our parish website



HYMNS & READINGS

Troparion, Resurrection, Tone V – Let us, the faithful, praise and worship the Word,/ co-eternal with the Father and the Spirit,/ born for our salvation from the Virgin;/ for He willed to be lifted up on the Cross in the flesh,/ to endure death,/ and to raise the dead//by His glorious Resurrection.

Troparion, Seven Youths (Sleepers) of Ephesus, Tone IV – Thy seven holy martyrs, O Lord,/ through their sufferings have received incorruptible crowns from Thee, our God./ For having Thy strength, they laid low their adversaries,/ and shattered the powerless boldness of demons.//Through their intercession, save our souls!

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Seven Youths (Sleepers) of Ephesus, Tone IV – The Seven Holy Youths renounced the perishing comforts of this world,/ preferring the eternal things of Heaven./ They were incorrupt after death and rose from the dead/ and buried the snares of the devils!// O faithful, let us then honor them, singing a hymn of praise to Christ!

Now and ever, and unto ages of ages. Amen

Kontakion, Resurrection, Tone V – Thou didst descend into hell, O my Savior,/ shattering its gates as Almighty,/ resurrecting the dead as Creator,/ and destroying the sting of death./ Thou hast delivered Adam from the curse, O Lover of man,//and we cry to Thee: “O Lord, save us!”

PROKEIMENON (Resurrection) – Tone V: Thou, O Lord, shalt protect us / and preserve us from this generation forever.

V. Save me, O Lord, for there is no longer any that is godly!

EPISTLE: (*Romans 12:6-14*) *Brethren:* Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; ⁷ or ministry, let us use it in our ministering; he who teaches, in teaching; ⁸ he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he

who shows mercy, with cheerfulness. ⁹ Let love be without hypocrisy. Abhor what is evil. Cling to what is good. ¹⁰ Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; ¹¹ not lagging in diligence, fervent in spirit, serving the Lord; ¹² rejoicing in hope, patient in tribulation, continuing steadfastly in prayer; ¹³ distributing to the needs of the saints, given to hospitality. ¹⁴ Bless those who persecute you; bless and do not curse.

ALLELUIA VERSES: *I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation. ■ For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens.*

GOSPEL: *(Matthew 9:1-8) At that time: Jesus got into a boat, crossed over, and came to His own city. ² Then behold, they brought to Him a paralytic lying on a bed. When Jesus saw their faith, He said to the paralytic, “Son, be of good cheer; your sins are forgiven you.” ³ And at once some of the scribes said within themselves, “This Man blasphemes!” ⁴ But Jesus, knowing their thoughts, said, “Why do you think evil in your hearts? ⁵ For which is easier, to say, ‘Your sins are forgiven you,’ or to say, ‘Arise and walk?’ ⁶ But that you may know that the Son of Man has power on earth to forgive sins” – then He said to the paralytic, “Arise, take up your bed, and go to your house.” ⁷ And he arose and departed to his house. ⁸ Now when the multitudes saw it, they marveled and glorified God, who had given such power to men.*

COMMUNION HYMNS: Praise the Lord from the heavens, praise Him in the highest! *Alleluia, Alleluia, Alleluia!*

UPCOMING SERVICES & EVENTS

Mon, Aug 5: Vespers – 6:30pm (*Transfiguration*) w/ *Blessing of Fruit*; Altar Guild Meeting, *following*

Tues, Aug 6: ∞ TRANSFIGURATION. Divine Liturgy – 9:30am w/ *Blessing of Fruit*; Pot luck; Adult Ed. Meeting – 6pm

Wed, Aug 7: VBS –9am; Bible Study (Zoom) - 12pm; Paraklesis –6:30pm; Confession & Choir Rehearsal

Thu, Aug 8: VBS – 9am; Lunch Bunch – 12:30pm at Peachtree; Vespers – 6:30pm (*St. Herman*)

Fri, Aug 9: ∞ ST. HERMAN. VBS – 9am; Divine Liturgy – 9:30am *at St. Herman Church, Shillington, PA*

Sat, Aug 10: Pierogi Making – 8am; Bethesda Mission Outreach – 10am; Vespers – 5pm; Confession

Sun, Aug 11: Hours – 9:10am; Divine Liturgy – 9:30am w. *Schilling 50th Anniversary Blessing/ Student & Teacher Blessing; Memorial Litiya; Fellowship & CrossRoad Presentation (Tressa & Zoe)*

3rd Hour: **Lydia Mantle** • 6th Hour: **Cassandra Zart**

Epistle: **Larry Smith** • Post-Communion: **Kathy Kuchwara**

PARISH NEWS

* **I want to thank all of you** for your prayers, card, & visits during my hospitalization & recovery at home. The infection is all gone after weeks of infusion of antibiotics but there are still problems to confront. So I ask that you keep me in your prayers. *God Bless, M. Theodora*

* **I want to thank the parish family** for all of their support the past 7 months, your cards, calls, meals, errands & general good wishes have meant more than I can express, most important were your prayers! I will start my last round of chemo soon & God willing it will be completed in early Oct. I am truly blessed to have a family at CTS. *God Bless, Kathy Kuchwara.*

* **Thank you for the prayers,** cards, & visits during my recuperation from my hip surgery. It really meant a lot. *God Bless, Dave Martin*

Lunch Bunch: All are welcome to join us on **Thu, Aug 8** at 12:30pm at the Peachtree (251 N. Progress Ave.) Call or text Kathy Pankiw at 717 579 6449 or email her at kzpankiw@aol.com if you'll be joining us.

Pierogi Making: The Food Fest will have their next pierogi making date on **Sat, Aug 10** starting at 8 AM to scoop potato/cheese balls & pinching will start at 8:30 AM. *Volunteers are always welcome & on-site training provided!*

Food Fest Nut Roll Baking: On **Tue, Aug 27;** baking 8:30am; bagging & clean up 5:00pm. If you can help please see Jean Dotsey.

St. Jerome Book Club: Will meet on **Sun, Sept 22 at 1pm** to discuss *Lectures on the Christian Sacraments* by St. Cyril of Jerusalem.. All are welcome!

Dutch Apple Dinner Theater UPDATE: The “O” Club still has some seats available for the outing to see *Jersey Boys (The story of Frankie Valli & the Four Seasons)* on **Sun. Sept 22**. The deadline to sign up and pay is **Sun, Aug 11**. Checks are payable to the Harrisburg “O” Club & can be given to Alice Mallick, or Joan & Bill Dupkanick.

Donation Opportunity: The July Trivia Night winners chose *In Him Christian Wellness*, a non-profit Christian counseling agency addressing mental health from a holistic perspective. Cash donations can be made and more info about the charity can be found at the Trivia cart near the bookstore during fellowship hour.

Ukrainian Folk Festival: **Sun, Aug 25** at Ukrainian American Sport Center in Horsham, PA. Traditional foods, folk art, crafts & dances will be on display. Please see the flyer in the vestibule/hall for more info.

NEW Fellowship Hour Sign-Up List: To sign up see the parish email or visit the “Parish Resources” tab on our website (www.CTSHBG.org). Questions? See Christine Velott • *Be sure to build a team (4 families) before you sign up.*

PARISH PRAYER LIST

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: **Rocky** (friend of Samantha Lopez) – July 26 [9/3]; **Mary Hines** (aunt of Matthew & Jeanne Kormushoff) – July 23 [8/31]; **Fred Walker** (friend of Carl Hisiro) – July 23 [8/31]; **Adam Miller** (Heidi Kushlan’s nephew) - July 11 [8/19]; **M. Annice Oleynik** - July 6 [8/14]; **Kathleen Neumann** (mother of Christine & Daniel) - June 30 [8/8]; **Charlie Warner** (friend of Rick & Sandy Wood) – June 30 [8/8];

ANNIVERSARIES OF DEPARTED: **Michael Kobal**, uncle of Chet Lubecki, Aug 4 – 10th; **Paul Semanco**, Aug 4 – 6th; **Ap. Vladimir Soroka**, Aug 5 – 19th; **Eva Homisak**, mother of Irene Suple, Aug 6 – 38th; **Evelyn Bretz**, mother of Dan, Aug 6 – 15th; **Louis Matyuf**, father of Dorothy Fedetz, Aug 7 – 70th; **Mary Oselinsky**, mother of Fr. Dimitri, Aug 7 – 18th; **William L. Risser**, Aug 8 – 24th; **M. Karen Mahaffey**, wife of + Bp.. David, Aug 8 – 17th; **Dr. Joseph Norato**, Aug 8 – 5th; **Sara (Sally) Danyo**, wife of Dr. J.J. Danyo, Aug 9 – 22nd; **Joseph Manura**, brother of +Helen Yannone, Aug 9 – 18th; **Eva Polansky**, mother of +Carl, Aug 10 – 40th;

AILING - PARISHIONERS: FAMILY/FRIENDS: **Constantine; Trish, Paul, Jenny, Joanne, & Steve** (Hisiro family & friends); **Ronda** (niece of S. Demchak); **Jeff Sr.** (father of J. Smith); **Melissa & Gregory** (friend & brother of K. Kuchwara); **Zachary** (F. Skirpan’s son); **Kay & Diane** (aunt & neighbor of K. Leader); **Infant Kennedy Ann** (friend of K. Pankiw); **Donna** (friend of M. White); **Brenda; Kyle** (cousin of S. Africa); **Bill, John, Travis, & Bonnie** (colleagues & cousins of G. Goss); **Dn. Geoffrey LoBalbo; Nancy** (friend of B. Keener); **Elena** (family friend of I. Pototska); **Judith & Alfred** (grandparents of J. McGee); **Galo** (C. Preciado’s grandfather) **Samantha, Suzanne, & Natalie** (friend, family & godchild of E. Herman); **Michael** (father-

in-law of C. Velott); **Fadia** (W. Botros' mother); **Blaise** (Nora & Jennifer's brother); **Lori** (sister-in-law of J. & N. Schilling); **Presb. Marina Thornburg** (Nora's Goddaughter); **Lois** (mother of J. Dunnevant). **Reba** (mother of S. Africa & L. Files); **Walt & Jerry "David"** (friends of B. Keener); **Bonnie**, (cousin of Donna Bretz); **Child Julia; Melvin, & Frank** (D. Martins brother & friend); **John** (brother of J. Barn's coworker); **Joyce** (mother of J. Reba); **Bob, Dennis Patrick** (nephew of D. Bupp); **Isabella; Christine Perrin; Melanie & Alex** (friend & uncle of C. Yerke); **Alexandra, & Tamara** (B. Kuchta's family); **Adley** (child of N. Somple's friend); **Aiden** (nephew of S. Hanna); **Robin** (son-in-law of E. Files); **Maria** (friend of the Cain's); **Grace** (D. Fedetz sister-in-law); **Tom** (friend of D. Bupp & Kushlans); **M. Olga Klembara** (Larissa & Anita's aunt); **Joan, & Kim** (friends of the J. & A. Cole); **Hannes & Anne** (family of R. Rieck); **Pastor Charles, Mary, Peter, & Edwin**, (family & friends of the Leer's); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Igumen David (Lewis); James** (brother of M. Koviloff); **Grace, Karen, Lois, & Rich** (J. Mamay's sisters & friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lynn** (Himes daughter-in-law); **Deana & Kelly** (friends of DiFlorio's); **Shirley** (L. Pawlush's mother); **child Joshua; M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak; Wendy** (M. Deamer's mother); **Mona** (sister of Ab. Mark); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Victoria, Erin & David** (friends of L. Smith); **Flora** (T. Gault's mother); **Vera** (Ressetar's family); **Bernadine, Lonnie & Fred** (Osuch family); **Maia, Mike, Jessica's & their families; Jonathan, Paul, Bev, Alynda, Tina, Mark, Jenny, Marilyn, Alicia, Shelby, & Jim** (family & friends of the Kushlans); **Eileen, Lori, Curt, Vera, Cassi, Mother Karitina, Alexa, Alexander, Anastasia, Saulo, & Theodore** (Lopez friends & family);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of **Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo** *held hostage by Syrian Terrorists, for the suffering people of Israel, Palestine, Ethiopia, Eritrea, Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way;* **PARISHIONERS:** **David Martin; M. Theodora; James Henry; Milan Koviloff; Sue Mioff; Effie Spaseff; Kristen Hertzler; Kayli (Kalliopi) Mikita; Tenley Jo Zeppuhar; Nektaria (Mariana) Cruz; Katherine Kuchwara; Ann & Gerald Cole; Charlene Dardaris; Johnna; Terry Drebot; Samantha Lopez; Brigit (Gail) Goss; Mary Ellen Osuch; Natalie Treece; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zerat; Jeanne Zane; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue Wolfe; Daniel Bretz; Robin Kuzupas; Larry Lewis** **HOME-BOUND/CARE FACILITIES:** **Nicholas Demopoulos; Millicent Russell; EXPECTANT MOTHER(S):** **Gabrielle (Kushlan) Russin; Susan Lenker Szabo; Anastasia Preci-**

ado; Karin Smith; *and the children to be born of them*; Cathy Platt; Chicory (Snyder) Biers; Luam Ghebregiorghis; Monica (Jekel) Chilbert; *and the children born of them*; COLLEGE STUDENTS: Adriel Armstrong; Olivia Drozd; Grace & Evelyn Firestine; Arun Gopinath; Tressa Hanna; Jacob Herman; Shawn Jacob; Sophia Kellachow; Rdr. Vladimer Kellachow; Faniel Kesete; Flimon Kesete; Henry Laskowski; Matthew Mikita; Zachary Matthews; Molly Pylypciw; Rachel Reba; John Romain; Melat Tesfay; Siem Tesfay; Sophia Vernak; Jessica Williams; Cassandra Zart; Ashley; David, Dave; Peter; Wessam; MILITARY: Artem; Alexander; Valery; Conrad; Daulton; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Matthew; David; Michael; Patrick; Peter; Sean; Ian, Zachary; Josiah; Evgeny (Owen) FAMILY & FRIENDS: Thomas (brother of E. Herman); Thalia, Colton & Ron (aunt & cousins of Donna Bretz); Tom & Monta Lou (family of S. Demchak); Mike (brother of D. Pawlush); Mark & Vera (family of Libby); George (brother of Frank); James, Svitlana, & Andrew (friends of T. Gault); Jeanne, Michael, John, & James (family of G. Spears); Noelle (daughter of J. Zane); Michelle (friend of M. Reba); Maria (friend of M. Theodora); David (brother of Larissa & Anita); Bill (C. Yerke's father); Jesse & Amelia (grandchildren of C. Dardaris); Christine (sister in law of the DiFlorio's); Steve G. (friend of J. McGreevy); Stacy & Mia (B. Keener's friends); Tony (K. Hertzler's husband); Ronald; Una; Jean & Robert (aunt & friend of Rdr. Leo); Anne (sister-in-law of R. Rieck); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George, Matthew, Ed, George, & Terry (family & friends of J. Mamay); Kalei (family of K. Leader); Vicki, Ken, Ron, & Scott (friends of the Pankiw's); Jackie, Bruce, Shirley, Connie, Helen, Rob & Jody (family & friends of the Mallick's); Cindy, Leo, & Kyle, (friends of B. Lenker); M. Natasha Lazor, Cindy, & Linda, (friends of M. Myra); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Nancy & family (Snyder's friends); Leida; Willie, Emma, Jeremiah, Elliana, Timothy, Jessica, Noah, Georgia, Amelia, Edgar, Landon, Theodore, Sofia, Evangelia, Zoe, Ryan, Stacey, Bryan, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Nicholas, Jack, Samuel, Christian, Steve, Juan, Isaac, Samuel, Faye, Jon, (family/friends of the S. Lopez); OCCM MISSIONARIES: John Romain (Project Mexico); Jesse & Juanita Brandow (Guatemala); Michael & Carlyn Pak (Mexico) SEMINARIANS: Rdr. Nathan & Rebecca Jekel *and their family (SVS)* CATECHUMENS: Rudelle Kerests; Daniel Neumann; Chris Baird - Layla & Lyla Baird; Jeff & Karin Smith; Jessica Gaydos; Luke Keiper; Emma Rjepaj; Gregory Woodbridge

MANY YEARS!

Please submit names and dates to office "at" ctsbbg.org

ANNIVERSARIES: Russell Snyder & Iryna Pototska – Aug 8; John & Nadzia Schilling – Aug 10 (*50th*);

BIRTHDAYS: Patricia Drebot - Aug 4; Alistair Robert Kennedy – Aug 4; Dennis Bupp – Aug 5; Steve Worley – Aug 5; Yaphet Gebre – Aug 6; Alexander Womer – Aug 6; Ethan Goitom- Aug 6; Matt Seewald –Aug 8; Jessica Gaydos – Aug 8; Andrew Brown – Aug 9; Amanda Schilling – Aug 9; Nadzia Schilling – Aug 9; Merhawi Tewoldemedhin –Aug 10;

BIRTH ANNOUNCEMENT: Roman Alexander Platt – July 30, first child & son of Zach & Cathy Platt & proud grandparents Victor & Maria Bucharew

CANDLE OFFERINGS

To reserve, please see a vestryperson

7 Day Votive is offered for **Ella Bell**, Baba of Michele Gopinath



**7 Holy Youths “Seven Sleepers”
of Ephesus**