



CHRIST THE SAVIOUR ORTHODOX CHRISTIAN CHURCH

Orthodox Church in America • Diocese of Eastern Pennsylvania
5501 Old Locust Lane, Harrisburg, PA 17109
WWW.CTSHBG.ORG • office “at” ctshbg.org

ARCHBISHOP MARK (Maymon)

V. Rev. Stephen Vernak, *Pastor*

Rt. Rev. Daniel Kovalak, *Attached*

Dn. John Shingara, *Attached*

Rdr. James Kushlan, *Choir Director (interim)*

Dr. David Pawlush, *Parish Council President*

John Dotsey, *Treasurer*

OUR ”WHY” - To experience and share Christ's love so that everyone we encounter finds healing, purpose, and eternal life.



And let us consider one another in order
to stir up love and good works. *Hebrews 10:24*



SUNDAY MARCH 24, 2024

FIRST SUNDAY OF LENT — TONE 1. **Sunday of Orthodoxy.**
Forefast of the Annunciation. Ven. Zachariah the Recluse. St. Artemius, Bishop of Seleucia. Ven. Zachariah, Ascetic, of the Kiev Caves. Martyrs Stephen and Peter of Kazan’.

Schedule: *Hours – 9:10am; Divine Liturgy – 9:30am; 40th Day Litiya – 11:30am; (Joseph “Moe” Mazurek); Church School & Fellowship; Men’s Club Meeting – 7pm*

3rd Hour: **Lydia Mantle** • 6th Hour: **Manny Lopez**
Epistle: **Nicholas Zuro** • Post-Communion: **Janice Zuro**

WELCOME TO OUR VISITORS!

Interested in learning more?

Contact our pastor, **Fr. Stephen Vernak**

Email: pastor “at” ctshbg.org
or: www.ctshbg.org/visitors



HYMNS & READINGS

Troparion, Resurrection, Tone I — When the stone had been sealed by the Jews,/ while the soldiers were guarding Thy most pure body,/ Thou didst rise on the third day, O Savior,/ granting life to the world./ The pow-ers of heaven therefore cried to Thee, O Giver of Life:/ “Glory to Thy Resurrection, O Christ!/ Glory to Thy Kingdom!//Glory to Thy dispensation, O Thou Who lovest mankind!”

Troparion, Sunday of Orthodoxy, Tone II — We venerate Thy most pure image, O Good One;/ and ask forgiveness of our transgressions, O Christ our God./ Of Thine own will Thou wast pleased to ascend the Cross in the flesh/ and deliver Thy creatures from bondage to the Enemy./ Therefore with thankfulness we cry aloud to Thee:/ “Thou hast filled all with joy, O our Savior,//by coming to save the world.”

Troparion, Forefeast of Annunciation, Tone IV — Today is the prelude of joy for the universe!/ Let us anticipate the feast and celebrate with exultation:/ Gabriel is on his way to announce the glad tidings to the Virgin;/ he is ready to cry out in fear and wonder://“Rejoice, O Full of Grace, the Lord is with thee!”

Glory to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Sunday of Orthodoxy, Tone VIII — No one could describe the Word of the Father;/ but when He took flesh from thee, O Theotokos, He accepted to be described,/ and restored the fallen image to its former state by uniting it to divine beauty.//We confess and proclaim our salvation in words and images.

Now and ever, and unto ages of ages. Amen.

Kontakion, Forefeast of Annunciation, Tone VIII — Thou art the beginning of salvation for all of us on earth, Virgin Mother of God./ For the great Archangel Gabriel, God’s minister, was sent from heaven to stand before thee to bring thee joy://Therefore, we all cry to thee: “Rejoice, O unwedded Bride!”

PROKEIMENON – Tone IV: Blessed art Thou, O Lord God of our fathers, / and praised and glorified is Thy Name forever! (*Song of the Fathers*)

V. For Thou art just in all that Thou hast done for us!

EPISTLE: (*Hebrews 11:24-26, 32-12:2*) *Brethren:* by faith Moses, when he became of age, refused to be called the son of Pharaoh’s daughter, ²⁵ choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, ²⁶ esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. ³² And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: ³³ who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, ³⁴ quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. ³⁵ Women received their dead raised

to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. ³⁶ Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. ³⁷ They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented—³⁸ of whom the world was not worthy. They wandered in deserts and mountains, *in* dens and caves of the earth. ³⁹ And all these, having obtained a good testimony through faith, did not receive the promise, ⁴⁰ God having provided something better for us, that they should not be made perfect apart from us. ¹ Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares *us*, and let us run with endurance the race that is set before us, ² looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

ALLELUIA VERSES: *Moses and Aaron were among His priests; Samuel also was among those who called on His Name. • They called to the Lord and He answered them.*

GOSPEL: *(Matthew 1:43-51) The following day Jesus wanted to go to Galilee, and He found Philip and said to him, “Follow Me.” ⁴⁴ Now Philip was from Bethsaida, the city of Andrew and Peter. ⁴⁵ Philip found Nathanael and said to him, “We have found Him of whom Moses in the law, and also the prophets, wrote—Jesus of Nazareth, the son of Joseph.” ⁴⁶ And Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” ⁴⁷ Jesus saw Nathanael coming toward Him, and said to him, “Behold, an Israelite indeed, in whom is no deceit!” ⁴⁸ Nathanael said to Him, “How do You know me?” Jesus answered and said to him, “Before Philip called you, when you were under the fig tree, I saw you.” ⁴⁹ Nathanael answered and said to Him, “Rabbi, You are the Son of God! You are the King of Israel!” ⁵⁰ Jesus answered and said to him, “Because I said to you, ‘I saw you under the fig tree,’ do you believe? You will see greater things than these.” ⁵¹ And He said to him, “Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man.”*

INSTEAD OF “IT IS TRULY MEET”: In thee, O Full of Grace, all creation rejoices;/ the assembly of angels and the race of men./ O sanctified temple and spiritual paradise,/ the glory of virgins,/ from whom God was incarnate/ and became a Child:/ our God before the ages./ He made thy body into a throne,/ and thy womb He made more spacious than the heavens./ In thee, O Full of Grace, all creation rejoices:/glory to thee!

COMMUNION HYMNS: Praise the Lord from the heavens, praise Him in the highest! • Rejoice in the Lord, O you righteous; praise befits the just! *Alleluia, Alleluia, Alleluia!*

UPCOMING SERVICES & EVENTS

Mar 25, Mon: ∞ ANNUNCIATION. Vespertal Liturgy – 6:30pm; Lenten Pot Luck

Mar 26, Tue: Nut Roll Baking –8:30am; OCA Virtual Synaxis –2pm; **Lenten Compline –6:30pm;** Adult Ed –7pm

Mar 27, Wed: Bible Study (Zoom) -12pm; **Pre-Sanctified Liturgy – 6:30pm;** Lenten Pot Luck; Nut Roll Pick –up

Mar 28, Thu: Akathist w/Sitka Icon –6:30pm @Holy Apostles, Mechanicsburg

Mar 29, Fri: Lenten Vespers – 6:30pm; Parish Council Meeting –7:30pm

Mar 30, Sat: Orthodoxy 101 -3:30pm; **Vespers -5pm;** Confession & Choir Rehearsal.

Mar 31, Sun: ST. GREGORY PALAMAS. Hours – 9:10am; Divine Liturgy – 9:30am; Church School & Fellowship; Nut Roll Pick –up; **Lenten Vespers – 5pm** at Holy Resurrection Serbian Orthodox Church, Lebanon, PA

3rd Hour: **Rdr. Leo Leer** • 6th Hour: **Eleanor Herman**

Epistle: **John Dotsey** • Post-Communion: **Rdr. Matthew Lubecki**

PARISH NEWS

Lenten Adult Education: Will begin this **Tue, March 26th** @7pm following Lenten Compline @6:30pm. This week's topic is the Canon of St. Andrew.

Nut Roll Baking: Will be on **Tue, March 26th** at 8:30am. Volunteers' are always welcome & on the site training is provided!

Lunch Bunch: All are welcome to join us on **Thu, April 11th** @12:30pm at Manada Hill Dinner (257 N. Hershey Rd (Rt39), Hbg, 17112). Please call/text Kathy Pankiw if you plan to attend. We hope to see you there.

Pascha Breads: There are additional Pascha Breads for sale to parishioners only. Quantities are limited, and will be available on a first come, first served basis. If interested, please see Dave Martin or John Dotsey.

Frozen Pirogi: Are available \$7.00 p/dozen. Please see John Dotsey or Alice Mallick at Fellowship if you wish to purchase.

Reminder: Cut your pussy willows for our use on Palm Sunday.

Transportation Ministry: The Welcoming & Outreach strategic planning team is looking for volunteers to participate in our transportation ministry - picking up & dropping off people that want to attend Sunday Liturgy, & possibly other Church Services. Call or text **Lydia Mantle**

First Confession Class: The final class will be held on **Sat. April 6th** @4pm with the Sacrament of Confession on Sat. April 20th @4pm. If you have any questions please contact **Sophia Kellachow**.

Fellowship Hour: The Men's Club will host their Annual Lenten Soup Sale starting March 24th. All proceeds will go to various & worthy charities.

SAVE the DATES:

- **St. Tikhon Mission Choir - Sun, April 7** to sing the Divine Liturgy. CTS will also be hosting Lenten Vespers @5pm.
- **St. Jerome Book Club - Sun, April 21 at 1pm** Book: “*The Lenten Spring*” by Thomas Hopko.
- **OCCGH Golf Tournament - Sat, July 13** at Eagles Crossing Golf Course in Carlisle. See Carl Hisiro and parish email for details.

PARISH PRAYER LIST

Names will be listed for 2 weeks unless requested.

NEWLY DEPARTED [40TH DAY]: **Ap. Anthony Karbo** - Mar 19 [4/27]; **Kim Fraser** (family friend of Natalie Kennedy) - Mar 14 [4/22]; **Patriarch Neofit of Bulgaria** - Mar 13 [4/21]; **Andrew Spaseff** (son of Effie) – Mar 10 [4/18]; **Virginia LiVolsi** (aunt of Christopher Preciado’s aunt) – Mar 7 [4/15]; **Larry Mosser** (father of Eric) - March 5 [4/13]; **Kathryn Ann (Fedak) Hikes** (family of Rdr. Leo Leer) – Mar 4 [4/12]; **Faniel Tesfit** (nephew of Merhawi Tewoldemedhin) - Feb 19 [3/29]; **Joseph Myers** (nephew of Gregory Spear) - Feb 20 [3/30];

ANNIVERSARIES OF DEPARTED: **June Taleff**, Mar 24 -7th; **Joseph Hand**, father of Joan Dupkanick, Mar. 24 – 56th; **Martha Rapso**, cousin of M. Theodora, Mar 24 – 5th; **George Spaseff**, husband of Effie, Mar 25 – 43rd; **Paul Litiaho**, father of Nadzia Schilling, Mar 26 – 47th; **Ann Osacky**, Archbishop Job’s mother. Mar 27 – 19th; **Gabriella Georgescu**, +Maria Vasilca’s mother, Mar 27 – 7th; **Beverly Ruhi**, Pat Drebot’s sister-in-law, Mar 27 – 5th; **Paul LaBar**, stepfather of Joan Dupkanick, Mar. 28 – 25th; **Ron Webb**, Mar 28 – 10th; **Jeffrey Miller**, brother of Heidi Kushlan, Mar 28 – 3rd; **Andrew Himes**, son of Kay & Gene, Mar 29 – 3rd; **Maria Paluch**, mother of John & Martin, Mar 29 – 19th; **Marilynn Leer**, aunt of Rdr. Leo, Mar 29 – 2nd; **Jeanne Bruder**, sister of +Gloria Maliniak, Mar 30 – 23rd; **John Pusey**, M. Tatiana Kreta’s brother-in-law, Mar 30 – 15th; **Olga Zuzulock**, stepmother of Kathy Pankiw, Mar 30 – 5th;

AILING - PARISHIONERS: **Francis “Frank” Bifano** **FAMILY/FRIENDS:** **Dn. Geoffrey LoBalbo**; **Nancy** (friend of B. Keener); **Elena** (family friend of I. Pototska); **Judith & Alfred** (grandparents of J. McGee); **Ariadna** (Aunt of A. Preciado); **Galo** (C. Preciado’s grandfather) **Samantha, Suzanne, & Natalie** (friend, family & godchild of E. Herman); **Michael** (father-in-law of C. Velott); **Fadia** (W. Botros’ mother); **Blaise** (Nora & Jennifer's brother); **Lori** (sister-in-law of J. & N. Schilling); **David** (friend of C. Kemp); **Tais** (cousin of C Kemp & L Mantle & niece of D. Fedetz); **Gregory** (brother of K. Kuchwara); **Presbytera Marina Lillian Thornburg** (Nora's Goddaughter); **Lois** (mother of J. Dunnevant). **Reba** (mother of S. Africa & L. Files); **Walt & Jerry "David"** (friends of B. Keener); **Thalia, & Bonnie**, (aunt & cousin of Donna Bretz); **Barry** (L.

Kalenevitch's brother); **Brandon** (family of J. Koach); **Dustin** (family of Rdr. Leo); **Child Julia; Melvin, & Frank** (D. Martins brother & friend); **Kay, Richard, & Anya** (aunt & friends of K. Leader); **Seraphima & John** (friend & brother of J. Barn's coworker); **Joyce** (mother of J. Reba); **Bob, Dennis Patrick** (nephew of D. Bupp); **Louise Bare**;); **Edward** (Fr. Timothy Hojnicky's father); **May** (cousin of E. Sarraf); **Isabella; Christine Perrin; Melanie & Alex** (friend & uncle of C. Yerke); **Alexandra, & Tamara** (B. Kuchta's family); **Bp. Matthias Moriak; Adley** (child of N. Somple's friend); **Aiden** (nephew of S. Hanna); **Robin** (son-in-law of E. Files); **Fred** (cousin of the Kormushoff's); **Maria** (friend of the Cain's); **Grace** (D. Fedetz sister-in-law); **Tom** (friend of D. Bupp & Kushlans); **M. Olga Klembara** (Larissa & Anita's aunt); **Joan, & Kim** (friends of the J. & A. Cole); **Hannes & Anne** (family of R. Rieck); **Pastor Charles, Mary, Peter, & Edwin**, (family & friends of the Leer's); **Joanne, Owen, Paul, Steve, & Barry** (Hisiro family & friends); **John** (brother of J. Krut); **Pam, Dan & Nina** (friends of D. Bupp); **Igumen David (Lewis); Neal** (D. Pawlush's brother); **James** (brother of M. Koviloff); **Grace, Karen, Lois, & Rich** (J. Mamay's sisters & friends); **Joan Therese & Dori** (mother & niece of N. Lubecki & J. Lewis); **Lynn** (Himes daughter-in-law); **Deana & Kelly** (friends of DiFlorio's); **Shirley** (L. Pawlush's mother); **child Joshua; M. Lisa Weremedic** (wife of Fr. James); **Janice & Emil** (J. Zuro & G. Leer's aunt & uncle); **child Fynn; Patty** (friend of K. Pankiw); **Mitchel** (Jean Dotsey's nephew); **Linda** (M. Sharon's mother); **Ap. Michael & M. Valeria Hatrak; Jacob** (brother of Pat Drebot); **Wendy** (M. Deamer's mother); **Mona** (sister of Ab. Mark); **Mary** (mother of S. Kellachow); **Mary & Nicholas** (family & friends of the Kuchta's); **Victoria, Erin & David** (friends of L. Smith); **Flora** (I. Gault's mother); **Vera** (Ressetar's family); **Bernadine, Lonnie & Fred** (Osuch family); **Mike, Jessica's & their families; Jonathan, Paul, Adam, Bev, Alynda, Tina, Mark, Jenny, Marilyn, Alicia, Shelby, & Jim** (family & friends of the Kushlans); **Alexa, Thomas, Alexander, Anastasia, Saulo, Theodore** (Lopez friends & family);

HEALTH & WELL-BEING: Those suffering from natural disasters. All victims of **Sickness, Terror, War, Violence, Racism, Injustice & Civil Strife; Metropolitan Paul & Archbishop John of Aleppo** *held hostage by Syrian Terrorists, for the suffering people of Israel, Palestine, Ethiopia, Eritrea, Ukraine, Haiti & Afghanistan, especially our citizens & soldiers who are in harms way;* **PARISHIONERS:** **Sue Mioff; Elizabeth Kellachow; Jason Zeppuhar; Effie Spaseff; Kristen Hertzler; Kayli (Kalliopi) Mikita; Tenley Jo Zeppuhar; Ava Brown; Nektaria (Mariana) Cruz; Katherine Kuchwara; Frank Bifano; Michael Zuro; Bahliby Kidane; John Coles; Rebecca Brown; John Yerke; Elizabeth; Ann & Gerald Cole; M. Theodora Ressetar; Charlene Dardaris; Johnna; Terry Drebot; Lazarus & Samantha Lopez; Gail (Brigit) Goss; Mary Ellen Osuch; Natalie Treece; Evan M.; Tony Onufer; Ita (Stephanie) Snyder; John "Jack" Sweikert; Joseph Sembrot; Birikit & Hannah Zeratt; Jeanne Zane; Katherine Kudelko; M. Ap. Daniel & M. Myra Kovalak; Lazarus (Jonathan) Dunnavent; Kathryn Kellachow; Sue**

Wolfe; Daniel Bretz; Robin Kuzupas; Larry Lewis HOME-BOUND/CARE FACILITIES: Nicholas Demopoulos; Millicent Russell; EXPECTANT MOTHER(S): Karin Smith; Luam Ghebreghiorghis; Cathy Platt; Monica (Jekel) Chilbert; Chicory (Snyder) Biers; Brittany Kemp; *and the children to be born of them*; M. Tatiana Rutz; Elva Lubecki *and the children born of them* COLLEGE STUDENTS: Tseday Afrassa; Eden Araya; Adriel Armstrong; Olivia Drozd; Grace & Evelyn Firestine; Jacob Herman; Shawn Jacob; Sophia Kellachow; Rdr. Vladimer Kellachow; Faniel Kesete; Flimon Kesete; Matthew Mikita; Zachary Matthews; Otilia Murariu; Molly Pylypciw; Rachel Reba; John Romain; Melat Tesfay; Siem Tesfay; Sophia Vernak; Jessica Williams; Cassandra Zart; Ashley; David, Dave; Peter; Wessam; MILITARY: Alexander; Valery; Conrad; Shawn; Benjamin; Rdr. Vladimir; Abel; Jacob; Gabriel; Matthew; David; Michael; Peter; Sean; Ian, Zachary; Josiah; Evgeny (Owen) FAMILY & FRIENDS: Nikolina; Rachel; Gage, Amanda, & Vanion (family fiends of N. Kennedy); Jeanne, Michael, John, & James (family of G. Spears); Noelle (daughter of J. Zane); Robert, Patricia & George (husband & parents of V. Baker); Michelle (friend of M. Reba); Maria (friend of M. Theodora); David (brother of Larissa & Anita); John, & Vera, (family of Libby); Shenia (sister of N. Schilling); Colton & Ron (cousins of Donna Bretz); Bill (C. Yerke's father); Jesse & Amelia (grandchildren of C. Dardaris); Christine (sister in law of the DiFlorio's); Steve G. (friend of J. McGreevy); Stacy & Mia (B. Keener's friends); Tony (K. Hertzler's husband); Ronald; Una; Jean & Robert (aunt & friend of Rdr. Leo); Anne (sister-in-law of R. Rieck); Mitchell, Deborah, Michael, Emily, Ezra (S. Kellachow's family); George, Matthew, Ed, George, & Terry (family & friends of J. Mamay); Kalei (family of K. Leader); Vicki, Ken, Ron, & Scott (friends of the Pankiw's); Jackie, Bruce, Shirley, Connie, Helen, Rob & Jody (family & friends of the Mallick's); Cindy, Michael, & Kyle, (friends of B. Lenker); M. Natasha Lazor, Cindy, & Linda, (friends of M. Myra); Rosalie; David & Dawn (cousins of Chet); Alexandra; Masha, Ethan & Wesley (M. Cameron's family/friend); Nancy & family (Snyder's friends); Emma, Jeremiah, Elliana, Timothy, Jessica, Noah, Georgia, Amelia, Edgar, Landon, Theodore, Sofia, Evangelia, Zoe, Ryan, Stacey, Bryan, Curt, Thomas, Andrew, Priest Demetrius Nicoloudakis, Megan, Jacob & family, Georgia, Maria, Blake, Keisha, Dimitrios, child Evangelia, Kyle, Martha, Nicholas, Jack, Samuel, Christian, Theodore, Steve, Juan, Isaac, Samuel, Faye, Jon, (family/friends of the Lopez's); MISSIONARIES: Jesse & Juanita Brandow (Guatemala); SEMINARIANS: Fr. Kyril & M. Olivia (STS); Fr. Seraphim & M. Elena Robertson *and* family (STS); Rdr. Nathan & Rebecca Jekel *and* family (SVS) CATECHUMEN(S): John Romain; Joseph Middelkoop; Rudelle Kerests; Daniel Nuemann; Chris Baird - Layla & Lyla Baird; Jeff & Karin Smith

MANY YEARS!

Please submit names and dates to office "at" ctsbbg.org

ANNIVERSARIES: David & Jennifer Knox – Mar 30;

BIRTHDAYS: Ioana Boca – Mar 24; Dorothy Fedetz – Mar 25; David (DJ) Pawlush – Mar 26; Douglas Cain – Mar 27; Sean Cameron – Mar 27; Natalia Seewald – Mar 28; Bette Ann Slivka – Mar 29; George Paul Priestley – Mar 30;

CANDLE OFFERINGS

To donate, please see a vestryperson

7 Day Votive is offered for the Health & Salvation of **Dorothy Fedetz** for her birthday, from her niece Cathi Kemp

